

## Abstract

### **"Meeting a human being as a condition of self-experience."**

My Phd thesis is about self-experience through the direct meeting with another human being. It is a personal reflection on the meaning of interpersonal relations and their influence on learning about human nature.

My goal is to create a work of art that will visually express my experiences in building relationships with other people. In the resulting artistic message, I try to convey that thanks to openness to other people and undertaking a dialogue, I have the opportunity to learn the truth about myself, about my nature, as well as the fact that I can capture my inner experiences and states in the form of a picture.

The first and second chapters are the introduction to the chosen topic in terms of defining the most important concepts such as: *meeting, self-experience, experiencing other people* as well as describing selected issues from the *Philosophy of Drama* by pr. J. Tischner as important for my opinion on creating relationships and getting to know myself.

The third chapter is devoted mainly to the practical side of the creation of my pictures . It describes my drawing technique using a thread, which is also a carrier of symbolic meanings. The lines that make up the drawings visually relate to the image of the neural system in our body. I also briefly mention biomorphism as a phenomenon in which I can write my works.

The next chapter is partly inspired by Chinese art, especially calligraphy. An interesting issue for me from the aforementioned art is that the artists, through their tools, transfer their inner emotions, state of mind, the so-called vital force into the image. I see the similarity in abstract and performative art, which the next chapter is devoted to. It describes my artistic path and the development of my work towards abstraction and video recordings. I mention several figures of artists, with the positions of whom I agree and identify. I point out that thanks to this form of art, I have the opportunity to show what is elusive and fleeting, and that my body is a tool to transfer internal states and experiences into the resulting drawings.

My doctoral dissertation consists of the introduction; the elaboration in which I describe and explain the main assumptions of artistic works, the evolution of my works and the developed form resulting from the quoted inspirations; in the end, I summarize my conclusions from the entire creation and experiment that I experienced.

The result of my work is a series of large-format drawings, the graphic form of which is created with the use of threads. The whole is complemented by video materials that record the creative process. The production has become an autobiographical notebook that can be considered in the context of universal themes concerning human nature. The reality in which I found myself – the pandemic and the new role of a mother that I became - was the space for my observations. I realized that getting to know myself and others is an internal need which I am not able to give up. Being open to other people on the way to getting to know your nature, despite the difficulties it brings, is necessary.